

Tides Bistro

Early Bird Menu

Monday – Thursday 5:00pm – 7:00pm

Golden Fried Mushrooms with a Garlic & Herb Mayonnaise

Atlantic Seafood Chowder

Cream Soup of the Evening

Fantail of Honeydew & Watermelon with Fruit Coulis

**Wedges of French Brie,
Coated in Sesame Seeds & Fine Herbs, Tomato Country Relish**

**Prime Roast Sirloin of Irish Beef,
with a Red Wine & Tarragon Jus**

Supreme of Chicken with a Mushroom & Chive Cream Sauce

Poached Fillet of Fresh Salmon with a Lemon & Dill Fish Sauce

Grilled Pork Cutlet, Served with Apple & Cider Sauce

**Vegetarian Pancake in a Soy & Cream Sauce,
Covered in Melted Red Cheddar Cheese**

Above Served with Potato & Vegetables

Bellbridge Medley of Desserts

**Tea/Coffee
€17.50pp**